烏溪沙海星灣是一個鄰近城市的海灣,當中包含了泥灘、沙灘及紅樹林的 生態環境, 擁有很高的生物多樣性。這次我們會化身為生態調查員, 透過 近距離觀察及接觸各種海岸生物,了解牠們的生態價值,並學習如何保護 香港的海岸環境。

Starfish Bay at Wu Kai Sha is a coastal area near the city that includes mudflats, beaches, and mangrove ecosystems, boasting high biodiversity. This time, we will become ecological investigators. Through close observation and interaction with various coastal organisms, we will understand their ecological value and learn how to protect Hong Kong's coastal environment.

2025/2/22

簡介活動內容 2:30PM

Introduction to the activity

3:00PM Depart for a 2.5 km walk to Starfish Bay

基督復臨安息日會

出發步行2.5公里到海星灣

觀察及認識生態 4:00PM

5:30PM

Observe and Learn About the Ecosystem 開始回程步行15分鐘到烏溪沙港鐵站解散 Begin the return walk (15 minutes) to





遊覽紅樹林地點的守則

- 穿著運動鞋及長褲,以免足部被尖石及紅樹根所傷,切勿穿 人字涼鞋。
- 蟹類會以螯自衛, 可被弄傷。
- 到紅樹林賞蟹的理想時間是夏季及退潮期間,時間最好是清晨或黃昏。由於蟹類對任何動靜極之敏感,觀賞時必須盡量保持不動,耐心等待,宜遠距離用望遠鏡觀察。
- 遊客在紅樹林內請保持安靜。
- 切勿破壞任何植物、野生動物及其生境。
- 切勿檢走任何動植物。請記著,牠們是屬於大自然的。
- 切勿亂抛垃圾或污染海水。

Dos & Don'ts When Visiting Mangrove Sites

- Always wear sports shoes and long trousers to protect your feet from the sharp stones and mangrove roots. Do not wear flip-flops.
- You may get hurt by the chelipeds of crabs when they defend themselves.
- Early morning or dusk during summer and low tide periods are the best time to observe crabs in mangrove sites. As the crabs are alert to any movement, to see them you must stay as still as possible, be patient and use binoculars.
- Keep quiet when you are in a mangrove site.
- Do not destroy vegetation, wildlife and the living environment.
- Do not bring any animals or plants home. Remember they belong to nature, not to you.
- Do not litter or pollute the water.



















